

About the Healthy Texas Women Program

The Healthy Texas Women program offers family planning and reproductive health services to eligible women in Texas. These services help women plan their health care, whether it is to achieve, postpone or prevent pregnancy.



Who is eligible?

To receive services, women must:

- Be 15–44 years old. (A parent or legal guardian must apply for applicants 15–17 years old.)
- Make less than the monthly family income limit.
- Be a U.S. citizen or eligible immigrant.
- Be a Texas resident.
- Not be pregnant.
- Not have credible health insurance that covers family planning services.
- Not receive benefits through another Medicaid program, Children’s Health Insurance Program (CHIP) or Medicare Part A or B.

What is the monthly family income limit?

Scan the QR code for the most up-to-date information on the federal income limits.



Where can I get Healthy Texas Women program services?

To find doctors and clinics that provide Healthy Texas Women services, you can:



VISIT [HealthyTexasWomen.org](https://www.HealthyTexasWomen.org).



ENTER your ZIP code in the provider search box to locate a provider near you.



CALL toll-free 800-335-8957, select a language, then press option 5.

What benefits are available?

The program offers a wide range of women’s health and core family planning services including:

- Pregnancy testing.
- Pelvic examinations.
- Sexually transmitted infection services.
- Breast and cervical cancer screenings.
- Clinical breast examination.
- Screening and treatment for cholesterol, diabetes and high blood pressure.
- HIV screening.
- Long-acting reversible contraceptives.
- Oral contraceptive pills.
- Permanent sterilization.
- Other contraceptive methods such as condoms, diaphragm, vaginal spermicide and injections.
- Screening and treatment for postpartum depression.

How do I apply?

- Submit an electronic application on [YourTexasBenefits.com](https://www.YourTexasBenefits.com).
- Fax or mail in a completed paper application available on [yourtexasbenefits.com/Learn/GetPaperForm](https://www.yourtexasbenefits.com/Learn/GetPaperForm) (case sensitive).
- Call toll-free 2-1-1 or 877-541-7905 with any questions.
- Visit a local HHS benefits office.

For more information about the Healthy Texas Women program, visit [HealthyTexasWomen.org](https://www.HealthyTexasWomen.org).