



# HEALTHY TEXAS WOMEN

**HEALTH CARE SERVICES TO HELP  
YOU PLAN YOUR FUTURE**



**NO COST TO YOU**



Women who are approved can receive women's health exams, family planning services, birth control, screenings and treatment for certain sexually-transmitted infections and other health conditions such as hypertension, diabetes, and high cholesterol.

## **THESE SERVICES ARE FOR WOMEN WHO ARE:**

- 15 to 44 years old (Women ages 15 – 17 require the consent of a parent or legal guardian)
- Not pregnant
- A U.S. citizen or legal resident
- Not covered by health insurance
- Making less than the family income limits

## **TO APPLY, FILL OUT AN APPLICATION FORM**



Online – Visit [HealthyTexasWomen.org](http://HealthyTexasWomen.org)



Phone – Call 1-800-335-8957 (toll-free) to find a clinic where you can apply and get services



**TEXAS**  
Health and Human  
Services

*Healthy Texas  
Women*

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